



## Media Release

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## Family fun day on the Amy Gillett Bikeway spotlights safety

Discover, Play, Bikeway! Returns for a day of outdoor adventure for all ages on Sunday March 3.

Part of the Adelaide Fringe, Discover Play Bikeway! will see the Adelaide Hills Council activate the 15-kilometre Amy Gillett Bikeway with pop-up food stalls, music and roving artists set against the backdrop of the spectacular Adelaide Hills. At Discover Play Bikeway, safety is paramount so this year we're focussed on ensuring every driver, cyclist and pedestrian is well informed and secure.

Don't miss the chance to meet Jeff, the SAPOL Road Safety Dog who will add an extra wag of fun to the festivities. The RAA will also be there giving free bike checks, RAA bike merchandise, helmet fittings and road and bike education.

RAA spokesperson Charles Mountain said "With the event increasing both cycling and pedestrian activity, it's important that we all play our part in sharing the roads safely with other road users and pedestrians."

"Drivers need to watch out for cyclists and be particularly careful when passing them on roads through the Adelaide Hills. Remember to allow a least a metre when passing cyclists on roads where the speed limit is 60km/h or less. At higher speeds a minimum passing distance of 1.5 metres is required."

Supporting the Adelaide Hills Council push to educate our young cyclists and their families, Amy Gillett's mother Mary Safe, patron of the Amy Gillett foundation which advocates for cycle and road safety, said "How we get there may vary - walking, cycling or driving - but in the end we all have this in common, we all want to arrive safely! All of us can and should work towards safe behaviours on our roads."

Adelaide Hills Council Acting Mayor Nathan Daniell said the Adelaide Fringe event was a great way to introduce people to the Amy Gillett Bikeway and reflected on his experience attending the event last year. "Locals ride or walk it regularly, so this event is the ideal opportunity for the rest of South Australia to have a day out and experience this unique slice of the hills."

"Last year's event was a huge success and my young children loved the performances along with finishing their day at the Mt Torrens adventure playground. I encourage everyone to come along and enjoy this free community event."

Discover, Play Bikeway is open to all - from cyclists and walkers to scooters and strollers - who can choose to travel all or part of the 15km sealed, off road trail with plenty of opportunities to rest, relax and refuel along the way. Bike hire will be available in Woodside and Charleston.











Families can look forward to a variety of activities, sustenance and entertainment with the Woody Trails BMX track open at Woodside, a petting zoo alongside the bike track and playground at Charleston, and a market with over 40 stalls at Mount Torrens.

Businesses along the bikeway are also offering specials on the day including Barristers Block, Lobethal Road and Melbas.

What: Discover, Play, Bikeway!

When: Sunday 3 March 2024 from 9am

Where: Amy Gillett Bikeway, Oakbank to Mount Torrens
Hire a Bike or e-bike: Bike About at Woodside, E-Go Bike Hire at Charleston
Carparking available: Oakbank, Woodside, Charleston and Mount Torrens

Further information: Discover, Play, Bikeway! • Adelaide Hills Council (ahc.sa.gov.au)

More images and videos available on request

**Amy Gillett** was a true member of Australia's athletic elite. The nation shared the grief of her family and team mates when she was tragically killed whilst training in Germany in July 2005. Amy was committed to sport, having had a successful career in rowing that saw her represent Australia at the Atlanta Olympic Games, before becoming a champion cyclist.

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