

# EMERGENCY READY

## *Simple steps for people with disability or other health care needs.*

**Having an emergency plan tailored to your own needs and strengths is key to staying safe.**

- Are you emergency ready?
- Are you prepared to leave your home quickly?
- Are you prepared to stay?
- Do you require specific support?
- Have you discussed your needs with those who support you?

**Consider creating a plan that includes:**

- A transport plan for yourself, your pets, or assistance animals.
- Having spare medical and personal supplies ready.
- Knowing where you will go in an emergency.
- Staying informed through multiple channels, including battery-powered radios, phones, and local emergency websites.
- Following advice and actions from relevant emergency services.

**For assistance with making your emergency plan, visit:**



**Country Fire Service  
Plan and Prepare**  
[cfs.sa.gov.au/plan-prepare](https://cfs.sa.gov.au/plan-prepare)



**SA State Emergency Service**  
[ses.sa.gov.au](https://ses.sa.gov.au)



**Adelaide Hills Council  
Bushfires and Emergencies**  
[ahc.sa.gov.au/prepare](https://ahc.sa.gov.au/prepare)



**Collaborating 4 Inclusion**  
[collaborating4inclusion.org](https://collaborating4inclusion.org)